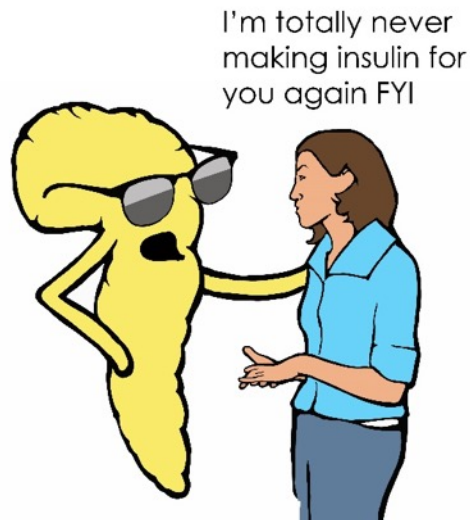


# Infectious Diseases

# Disease vs infectious disease

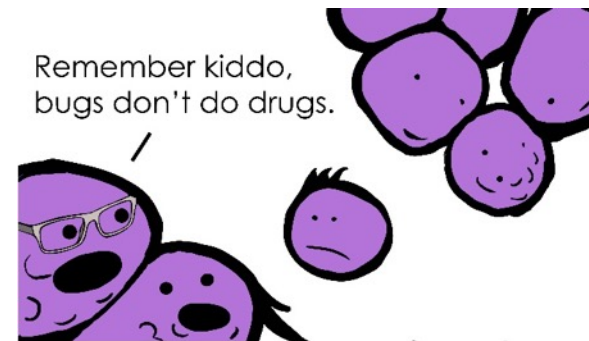
## Disease

- A disorder of body function
  - Type 2 Diabetes



## Infectious Disease

- A disorder of body function caused by the entry, growth, or multiplication of a microorganism

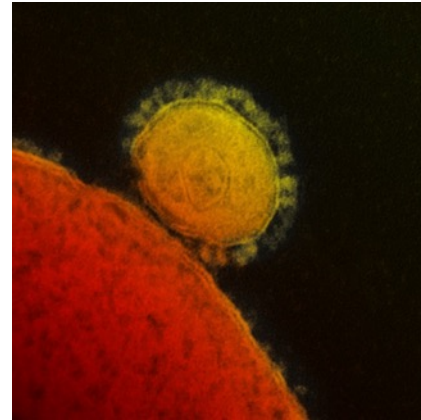


*Advice from Mr. E. coli*

# Microorganisms



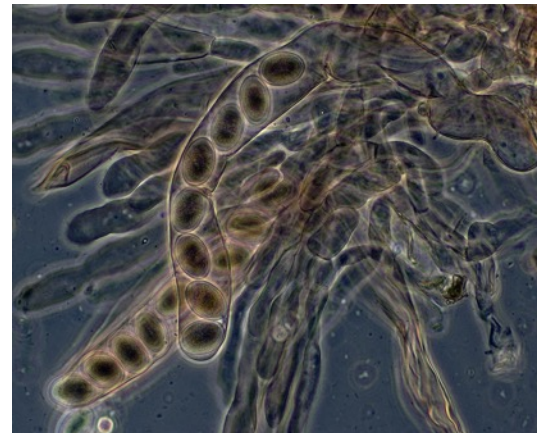
Bacterium



Virus



Protozoa

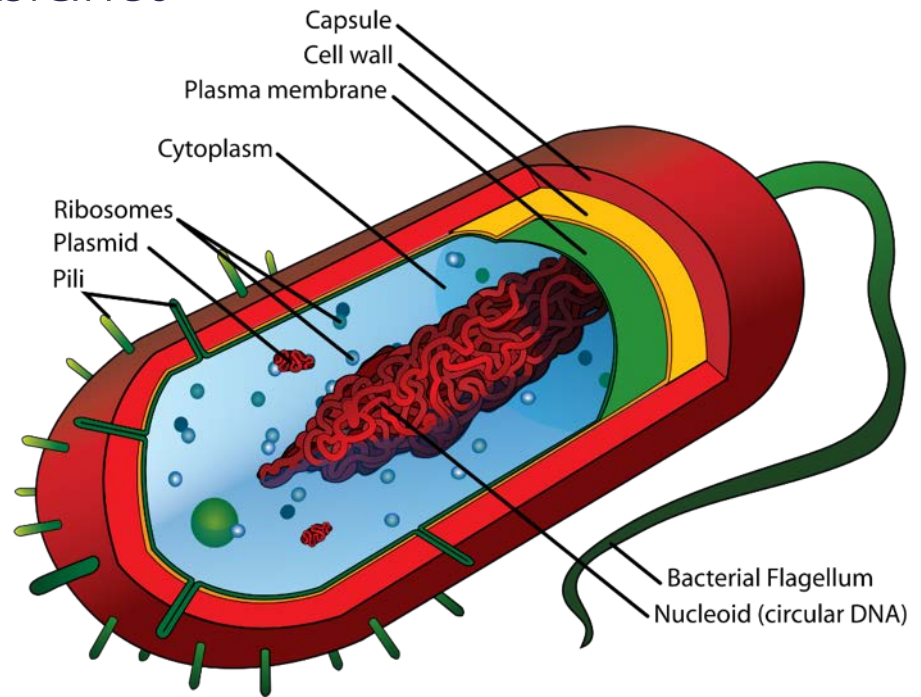
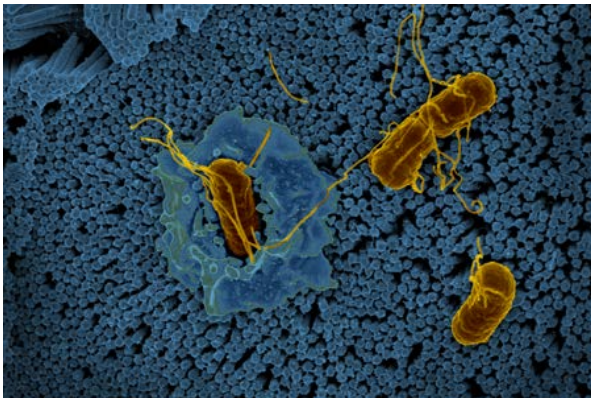


Fungus

# Bacteria – what are they?

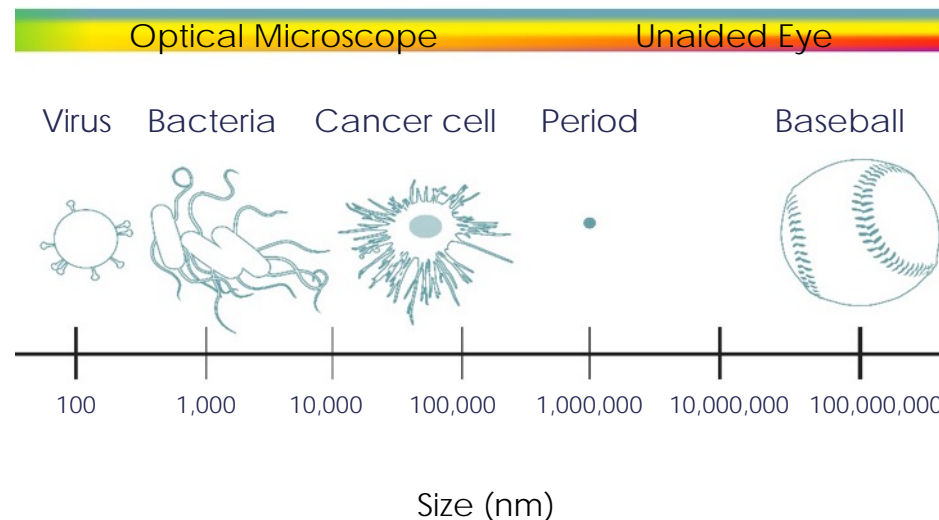
The most common microorganisms on earth

- Single cell organism
- Bacterial cells:
  - Lack internal membranes
  - Lack mitochondria
  - Have flagella



# Bacteria – how big are they?

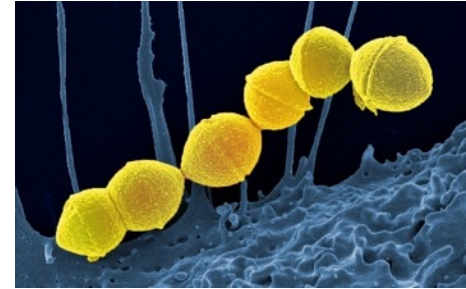
- Bacteria are generally 1-2 micrometers across
- 1/1000th the size of the head of a pin (~1 mm)
- 1/100th the width of human hair (~0.1 mm)





# Bacteria morphology

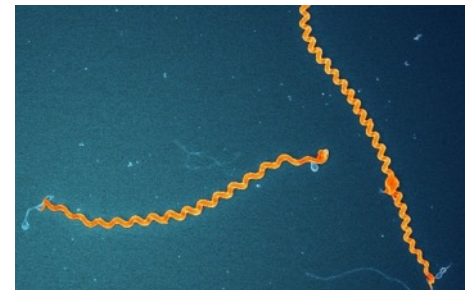
- Coccus (Cocci) – round ●



- Bacillus (Bacilli) – rod

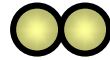


- Spirillum (Spirilla) - corkscrew



# Coccus shaped bacteria

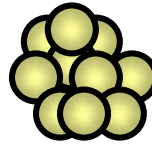
- Diplococci (pair)



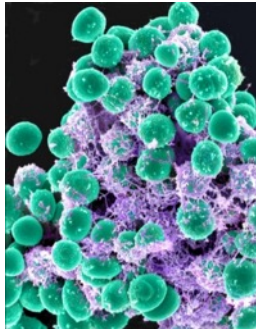
- Streptococci (chain)



- Staphylococci (clusters)



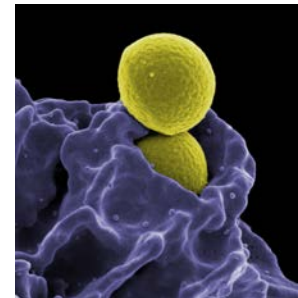
*Staphylococcus aureus*  
(MRSA - Skin infection)



*Staphylococcus epidermidis*  
(Skin – non pathogenic)



*Streptococcus pneumoniae* (purple)  
(pneumonia)



*Streptococcus pyogenes*  
(strep throat, scarlet fever, rheumatic fever, flesh eating disease)

# Bacillus shaped bacteria

Single



Pair



Chain



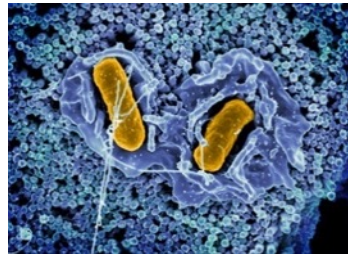
*Escherichia coli*  
(food poisoning)



*Clostridium difficile*  
(diarrhea)



*Klebsiella pneumoniae*  
(pneumonia, meningitis)



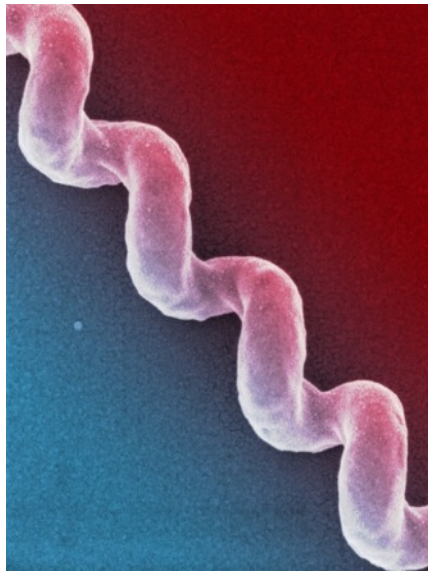
*Salmonella enterica*  
(intestinal disease)



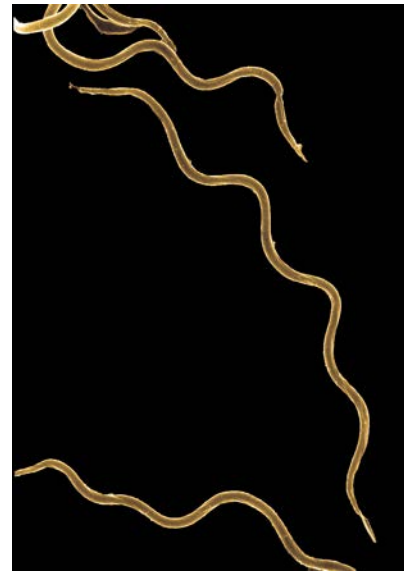
*Bacillus anthracis*  
(anthrax)



# Spirillum shaped bacteria



*Leptospira*  
(Leptospirosis)



*Borrelia burgdorferi*  
(Lyme Disease)

# Bacteria – where are they?

- Bacteria are everywhere – they are ubiquitous
- Soil, air, water, mountaintops, ocean bottoms, polar regions, skin, & intestine

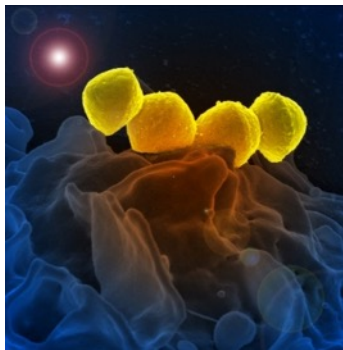


How much bacteria do people carry around?

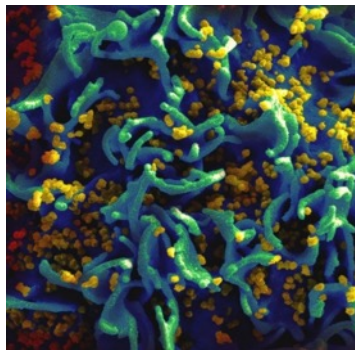


# Pathogens

- A microorganism that causes disease is called a pathogen
- Can be bacteria, virus, protozoa, fungus



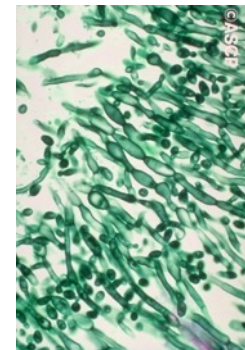
Methicillin-resistant  
*Staphylococcus*  
*aureus* (MRSA)



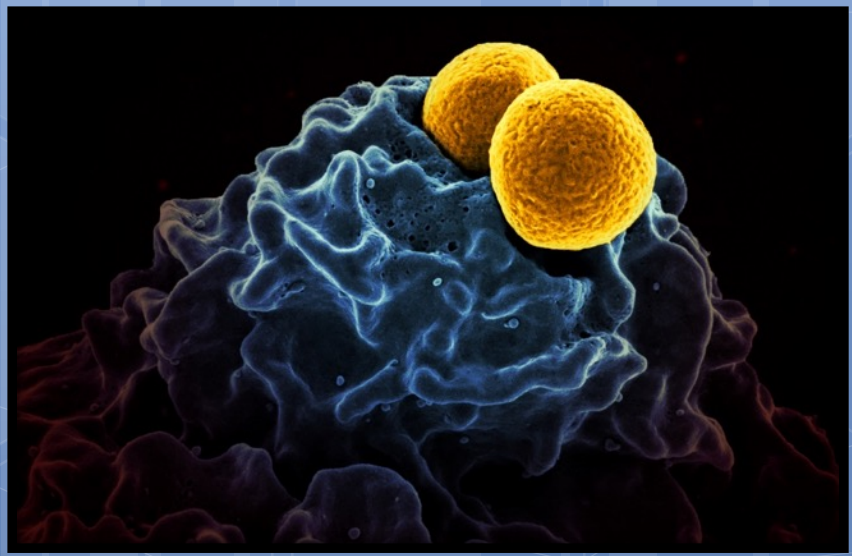
Human  
immunodeficiency  
virus (HIV)



*Giardia lamblia*



*Candida albicans*



Identification  
of Pathogenic  
(Disease  
Causing)  
Bacteria

# Steps to bacterial identification

Streak patient samples (blood, sputum, etc) onto agar plates to grow/ isolate colonies



```
graph TD; A[Streak patient samples (blood, sputum, etc) onto agar plates to grow/ isolate colonies] --> B[Gram stain a colony to determine which tests to run]; B --> C[Run specific tests];
```

Gram stain a colony to determine which tests to run

Run specific tests



# Types of tests

- Differential/Selective Tests
- Biochemical
- Immunological
- Genetic



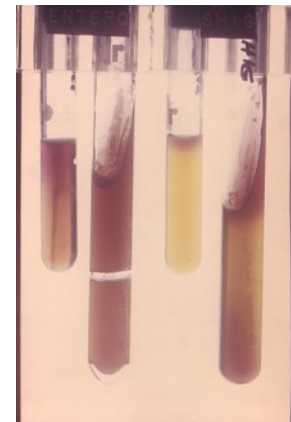
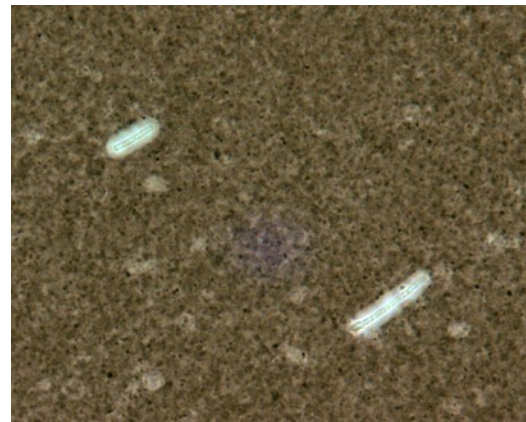
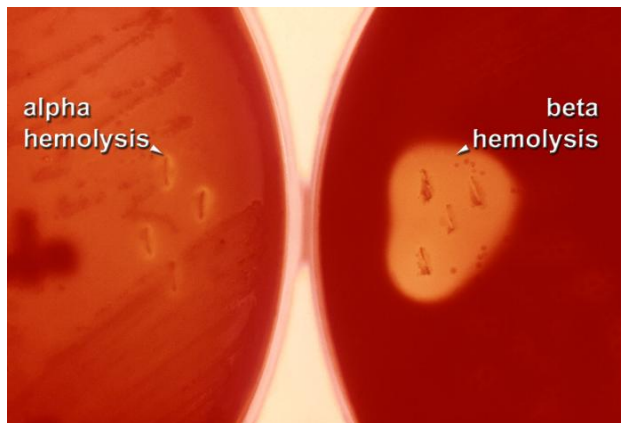
# Biochemical vs. differential/selective tests

## Biochemical tests

- depend on an enzyme's metabolic activity.

## Differential/Selective tests

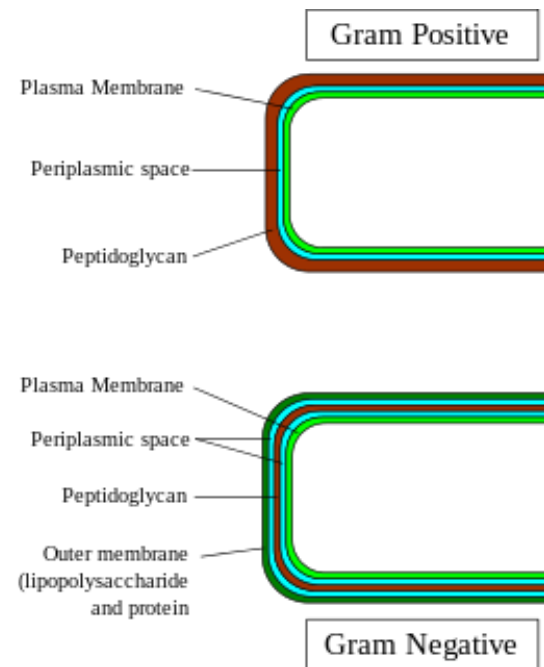
- can indicate specific genus/species without relying on enzymatic function.



# Differential test: gram stain

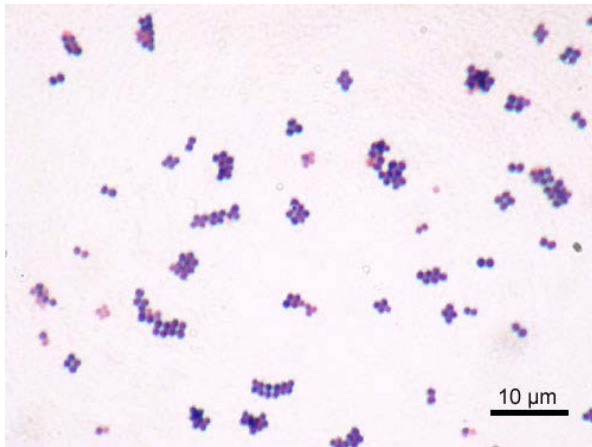
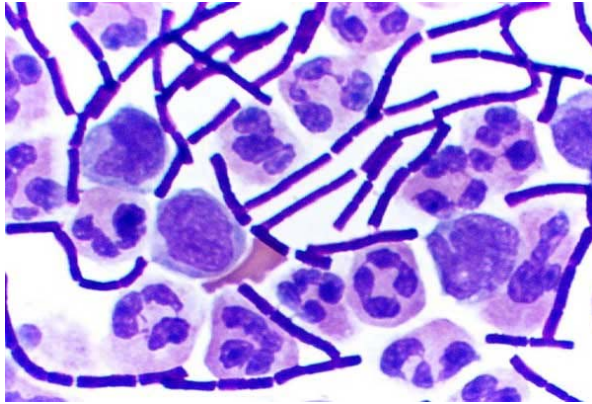
Bacteria stain differently because of differences between their cell walls:

- The outer Peptidoglycan layer of Gram positive bacteria retains the primary stain (Crystal violet), making it appear purple.
- Alcohol washes the primary stain off of Gram negative bacteria allowing them to pick up the secondary stain (Safranin), appearing red.

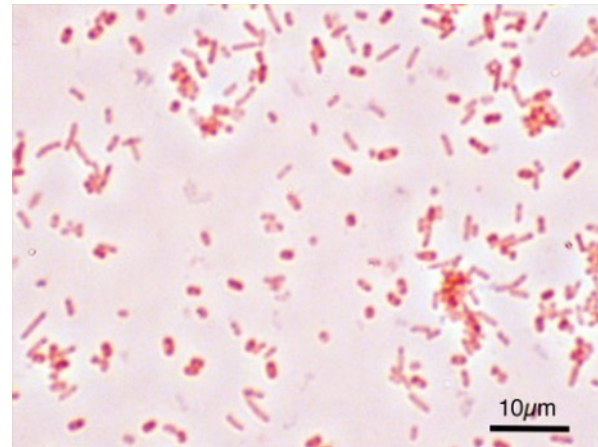
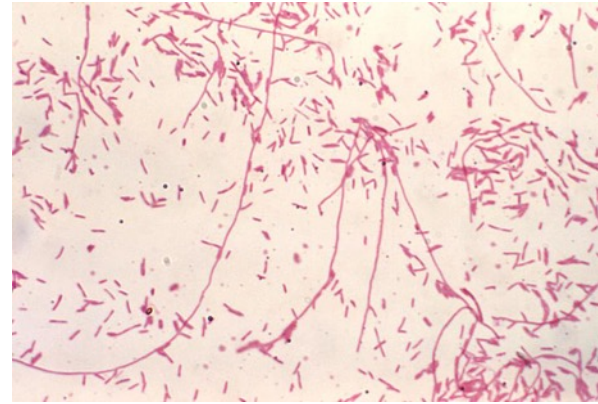


# Gram stain examples

Gram Positive

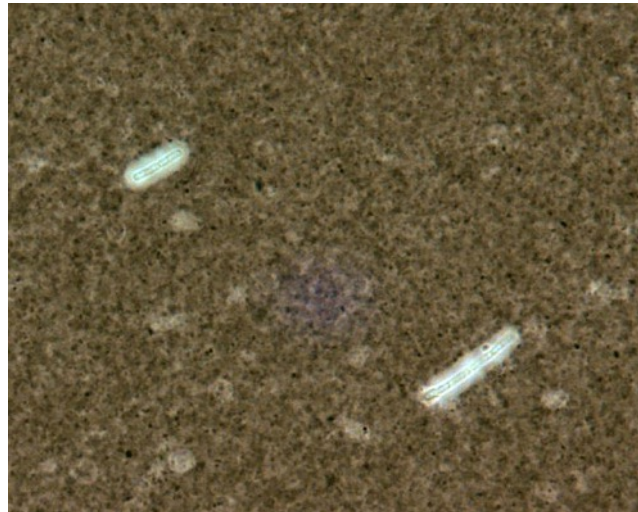


Gram Negative



# Differential tests: capsule stain

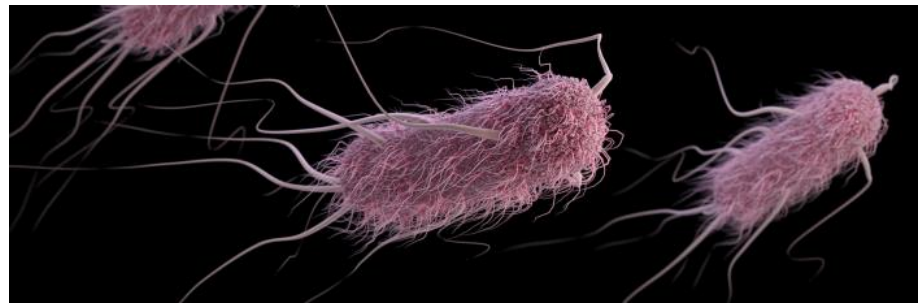
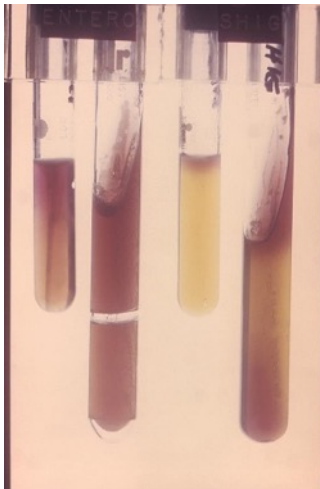
- Crystal violet stain for a few minutes, then flood slide with 20% copper sulfate ( $\text{CuSO}_4$ ) and blot dry.
- If there is a capsule (polysaccharides & lipoproteins) it will appear like a "halo".





# Differential test: motility

- Using a straight wire or inoculating loop, bacteria is stabbed through semisolid media and incubated overnight
- If bacteria have **flagella** for motility, there will be growth all over the tube, rather than just at the stab site



# Biochemical tests



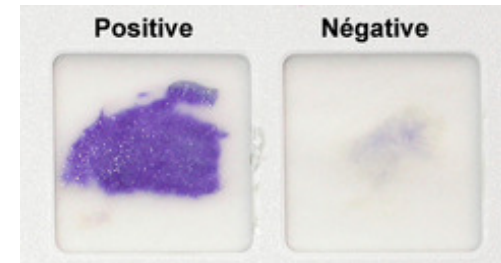
## Catalase Test

- Differentiates between streptococcus & staphylococcus
- Indicates catalase production
- Positive result – causes bubbles



## Methyl Red Test

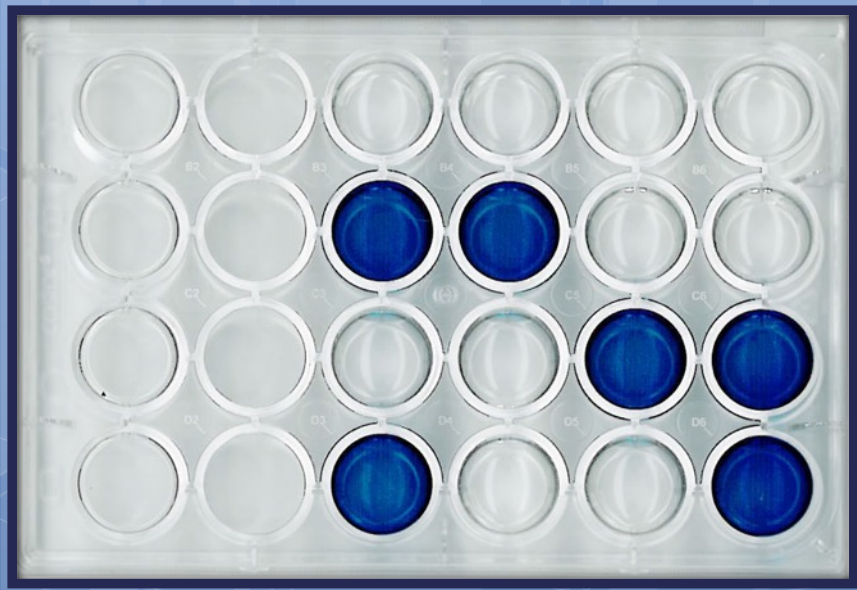
- Tests fermentation of glucose
- Glucose byproducts are acidic ( $\text{pH} < 7$ )
- Positive result-pH change

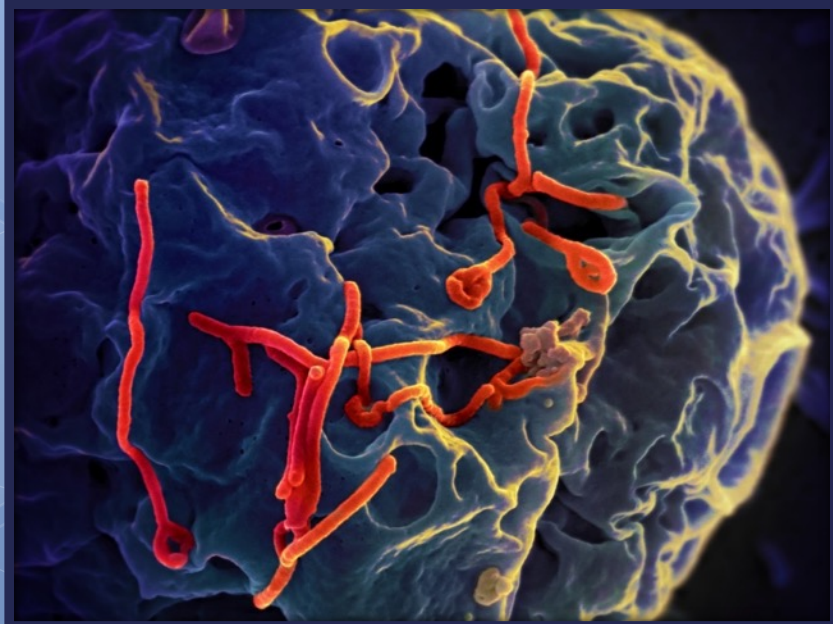


## Oxidase Test

- Identifies cytochrome oxidase
- Positive result - color change due to oxidation of the test reagent.

# Activity 1: Bacterial Identification Patient Case Studies



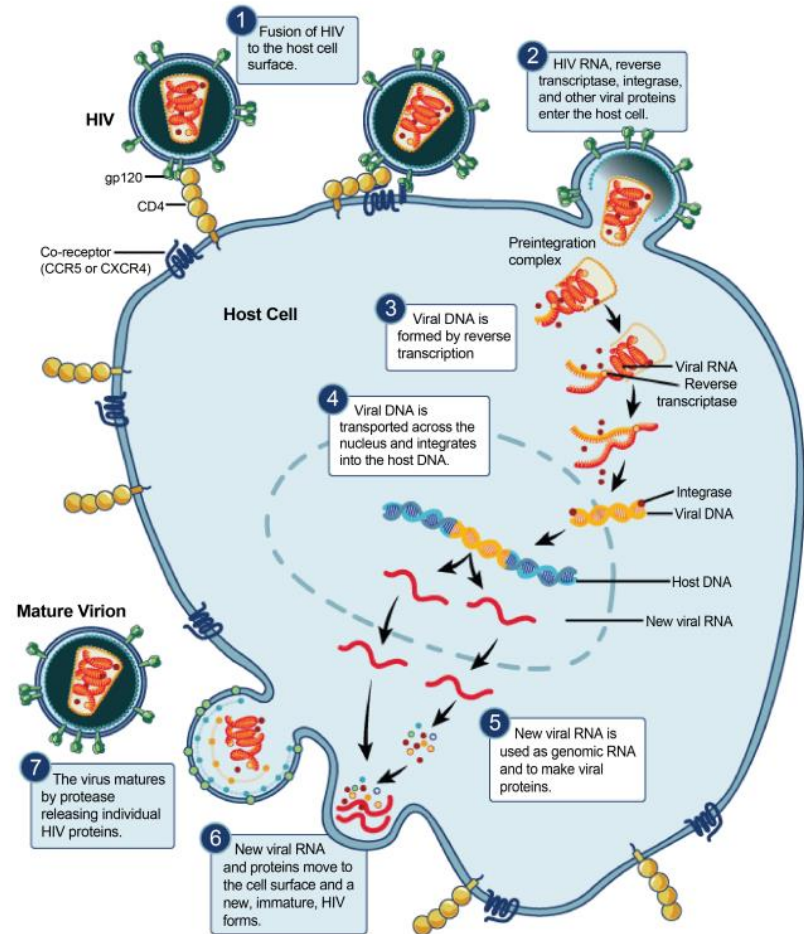


# Virology

# What is a virus?

A virus is an obligate intracellular parasite

- Requires a host cell to replicate





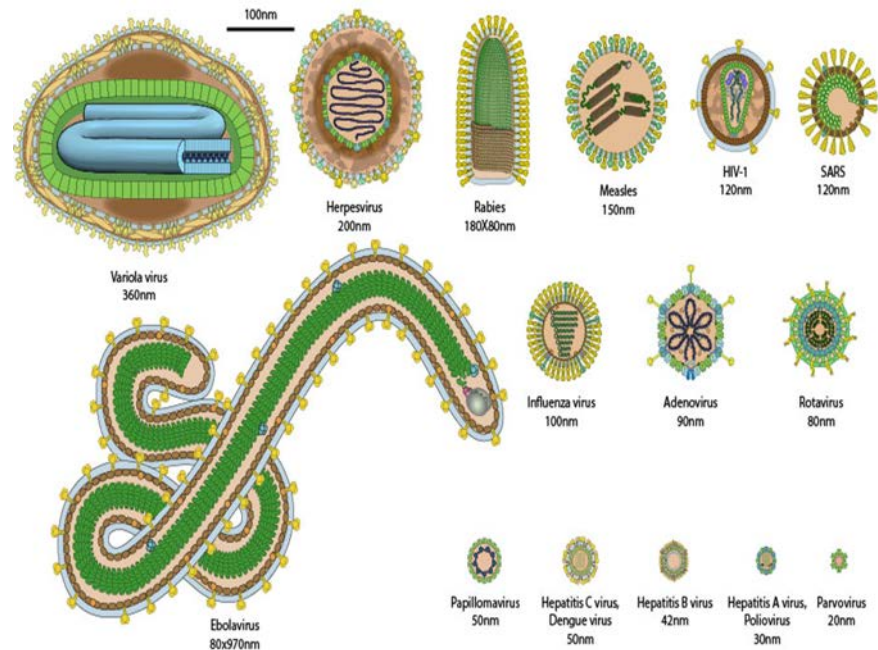


# Viruses are the most abundant biological entity

- There are millions of viruses in a single drop of water
- There are roughly  $10^{31}$  total viruses on Earth
- If lined up end to end, all of Earth's viruses would stretch over 100 light years into space.

# How big are viruses?

Most viruses range from 20-300 nm in diameter

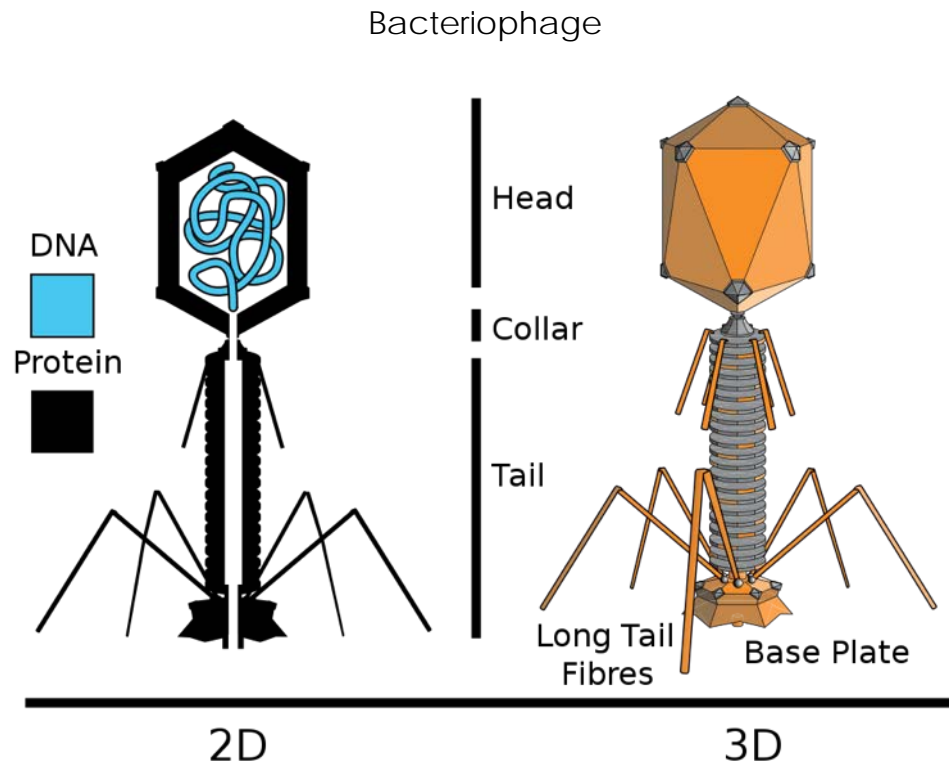


Source: ViralZone: [www.expasy.org/viralzone](http://www.expasy.org/viralzone),  
SIB Swiss Institute of Bioinformatics

# What makes up a virus?

## Key components

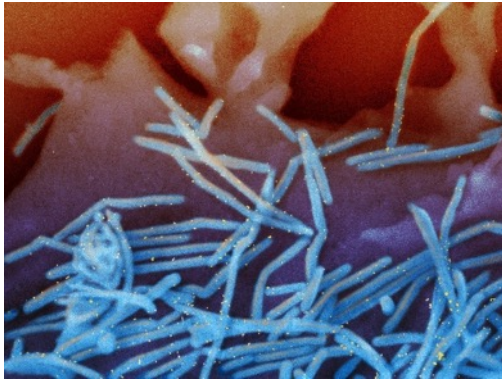
- Genetic material
- Protein coating (capsid)
- Receptor binding element



# Genetic material

- Viruses can use all types of nucleic acids as their genetic material
- Most genomes range in size from 1.7kb - 600kb
- The human genome is 100,000 – 1,000,000 times larger than most viral genomes!

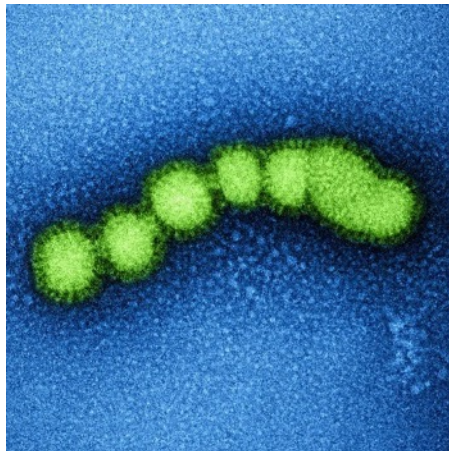
# Virus shapes and diversity



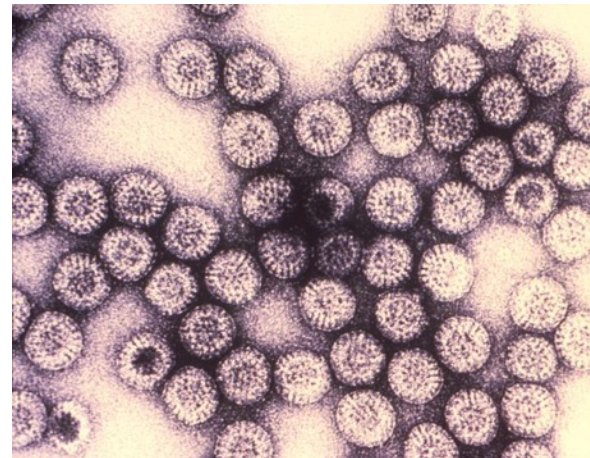
RSV



Ebola



Swine flu

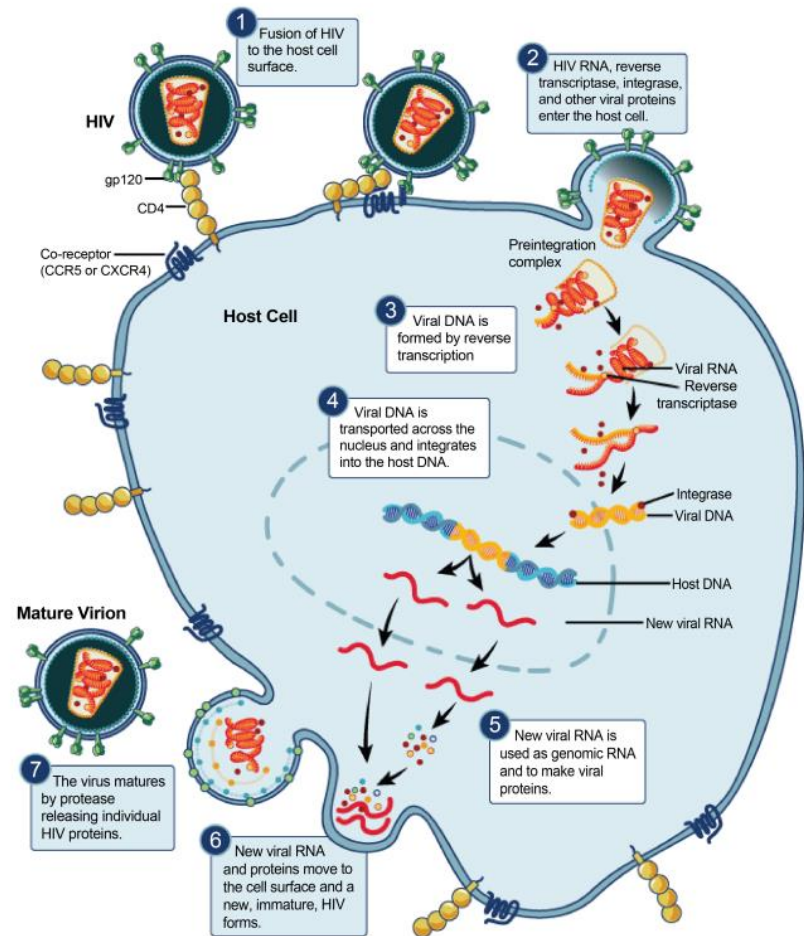


Rotavirus



# Viral life cycle

- 1) Attachment
- 2) Entry
- 3) Uncoating
- 4) Replication
- 5) Assembly
- 6) Release





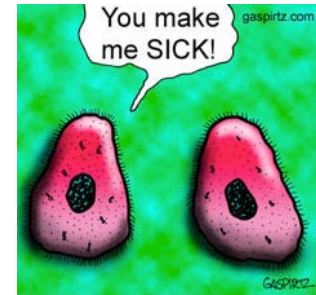
# Transmission

How infectious diseases spread

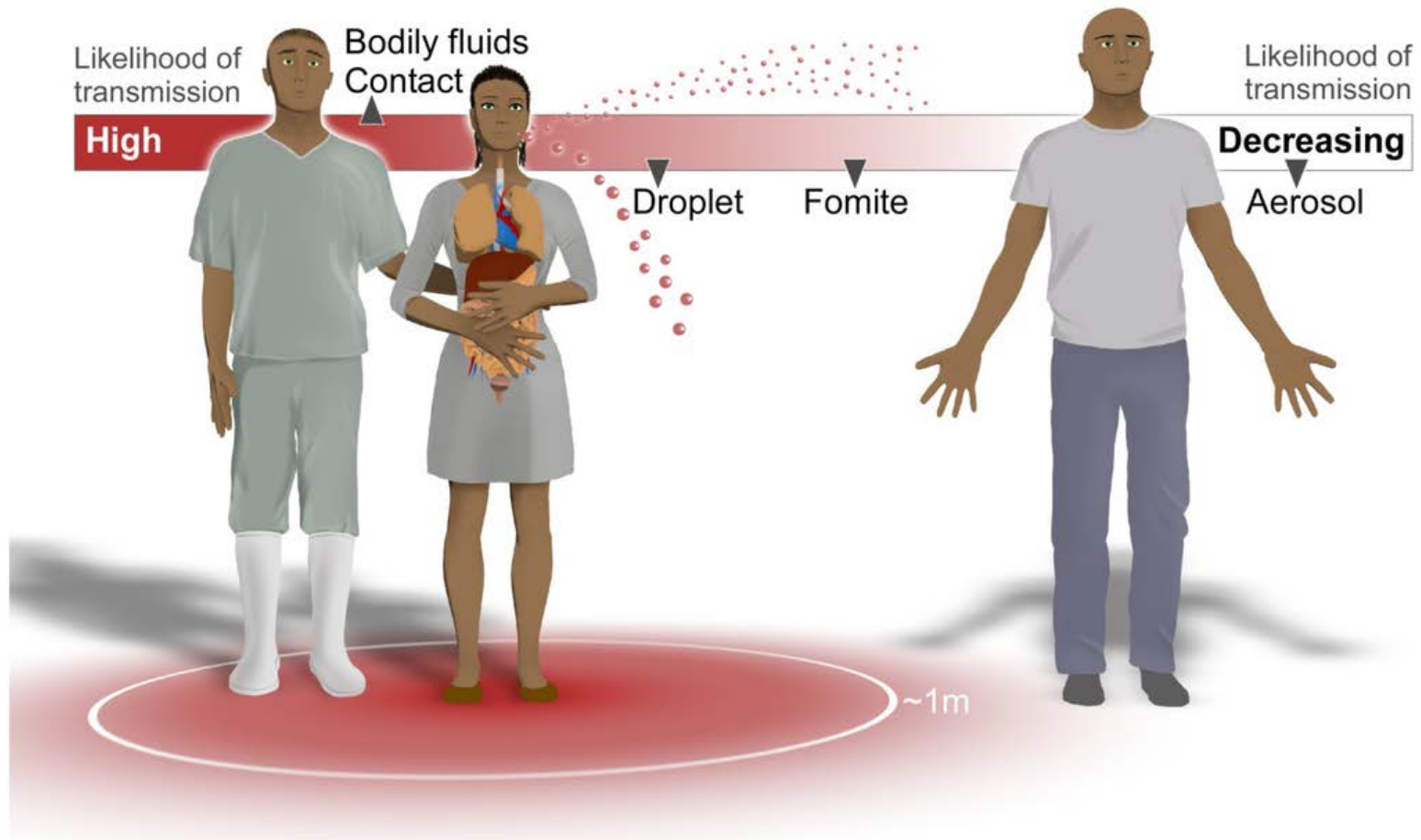
# Routes of transmission



- Person to Person
- Food
- Water
- Insects
- Fomites



# Likelihood of transmission



## $R_0$ (r naught)

The number of people that one sick person will infect (on average) is called  $R_0$  (r naught). The higher the value, the more contagious the virus.

Average  $R_0$ :

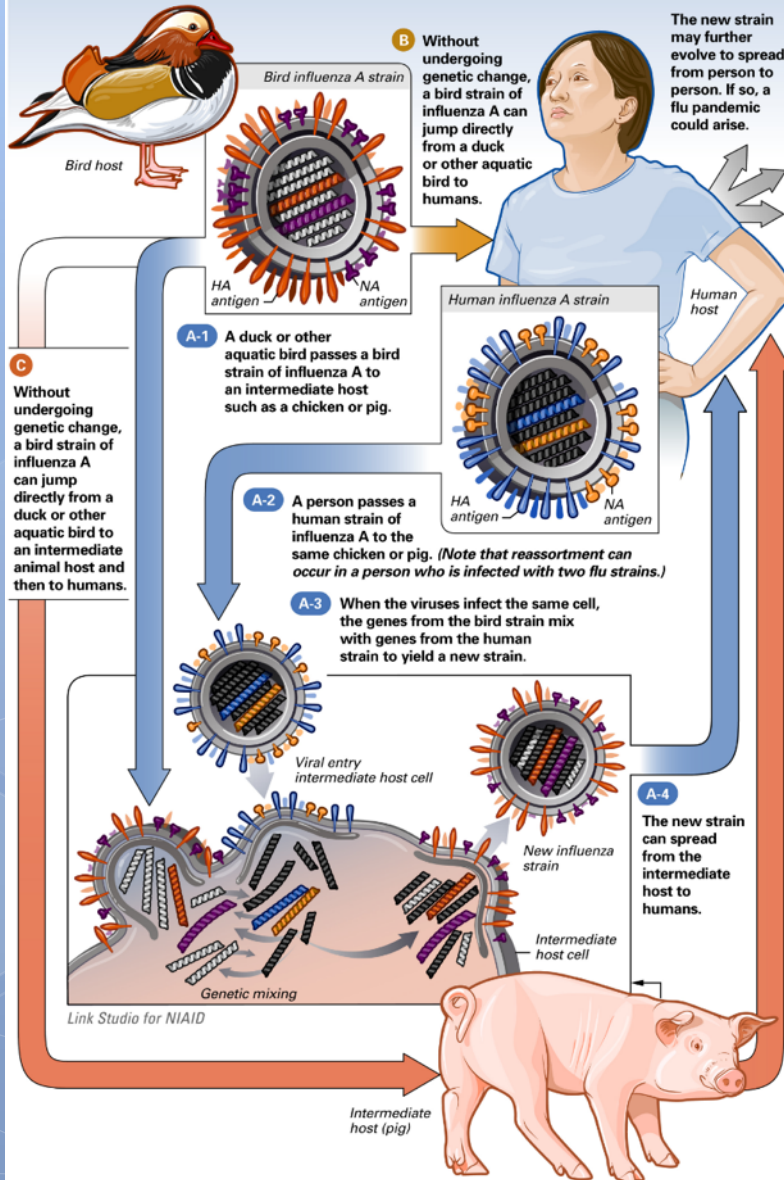
- Hepatitis C = 2
- Ebola = 2
- HIV = 4
- SARS = 4
- Mumps = 5
- Measles = 15



# 2009 H1N1 influenza pandemic



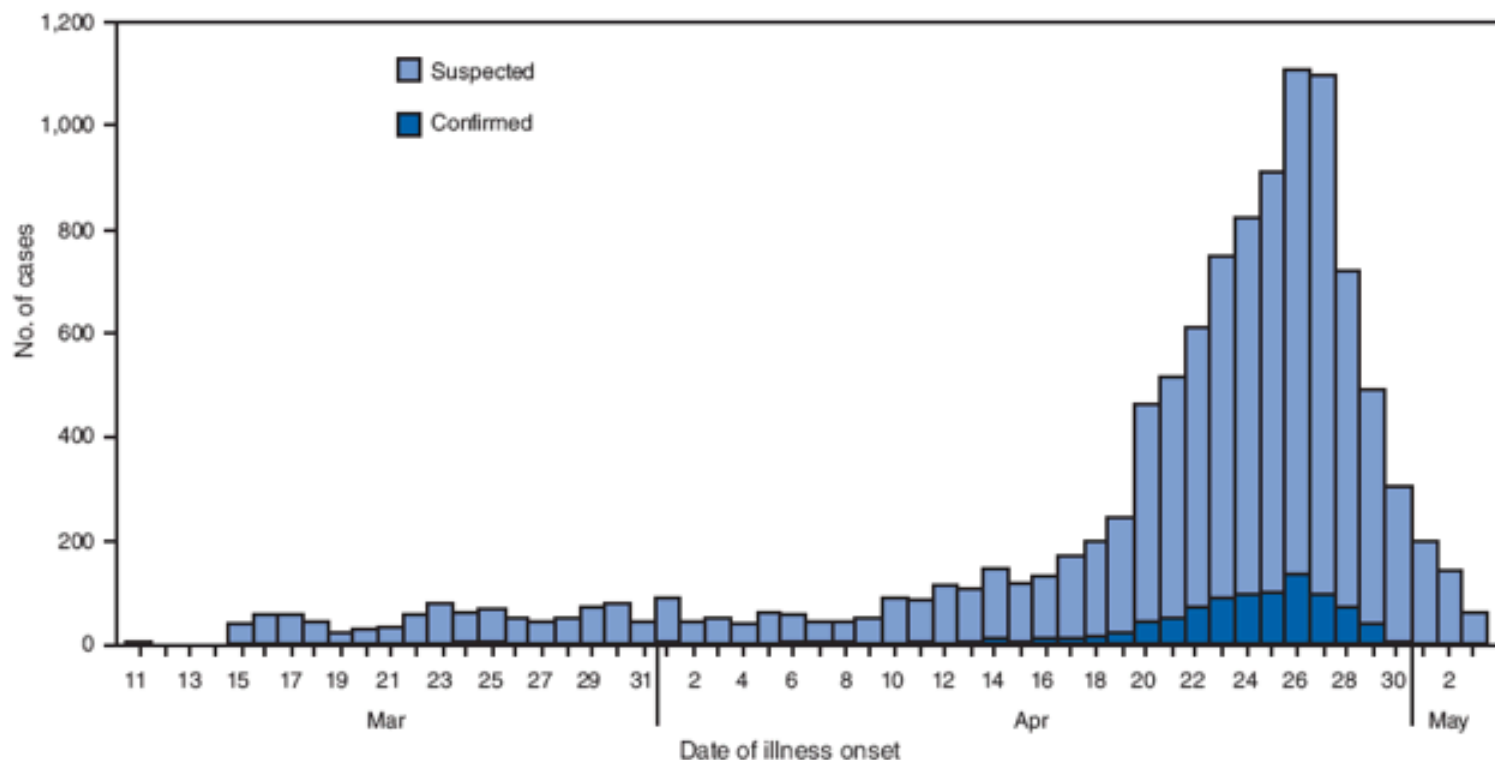
The genetic change that enables a flu strain to jump from one animal species to another, including humans, is called "ANTIGENIC SHIFT." Antigenic shift can happen in three ways:



# Story of the outbreak

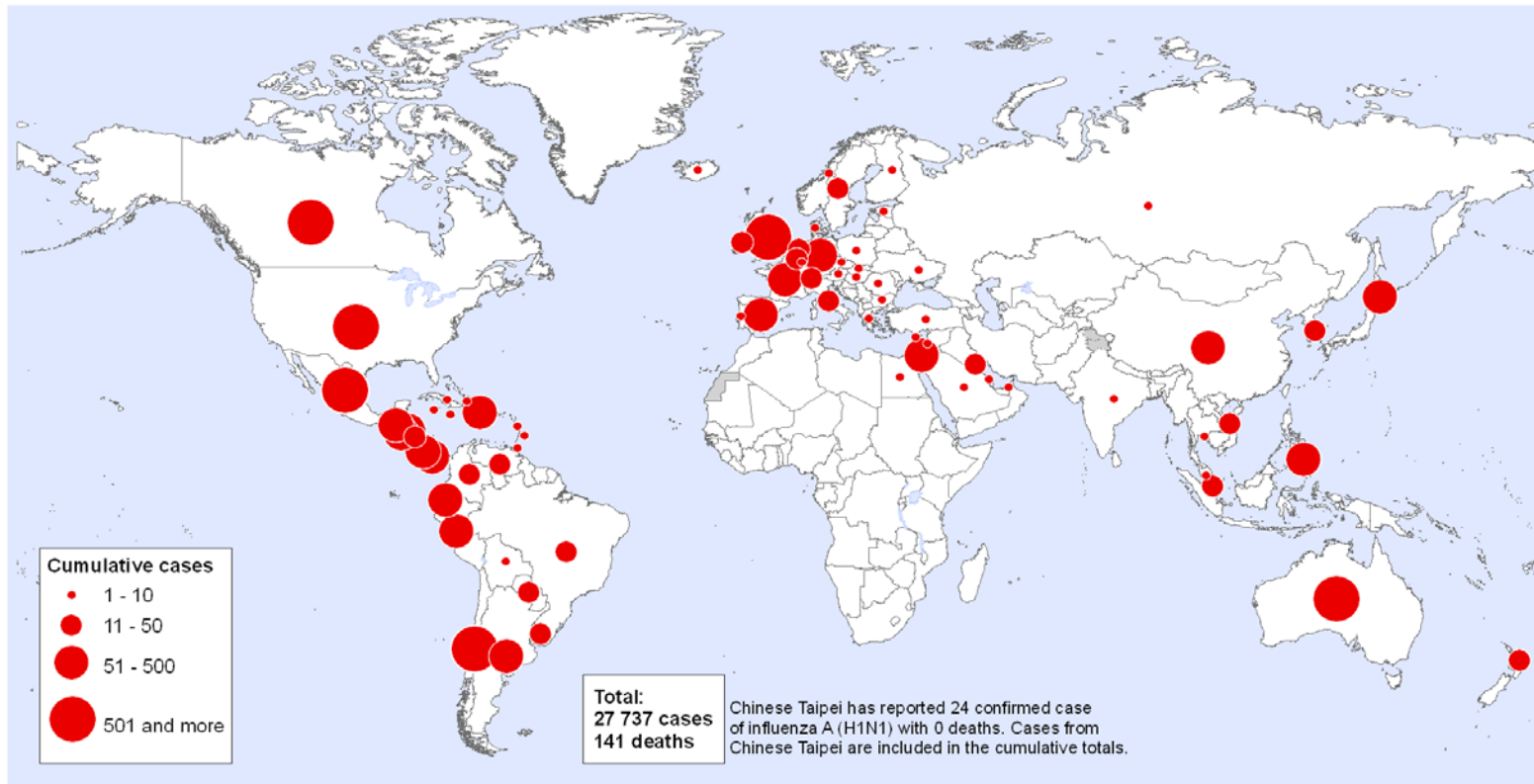
- Novel combination of human, bird, and pig influenza A
- $R_0 = 1.4-1.6$

# Laboratory-confirmed cases of H1N1 virus in Mexico (March - May 2009)



**New Influenza A (H1N1),  
Number of laboratory confirmed cases as reported to WHO**

**Status as of 10 June 2009  
06:00 GMT**



The boundaries and names shown and the designations used on this map do not imply the expression of any opinion whatsoever on the part of the World Health Organization concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. Dotted lines on maps represent approximate border lines for which there may not yet be full agreement.

*Map produced: 10 June 2009 10:22 GMT*

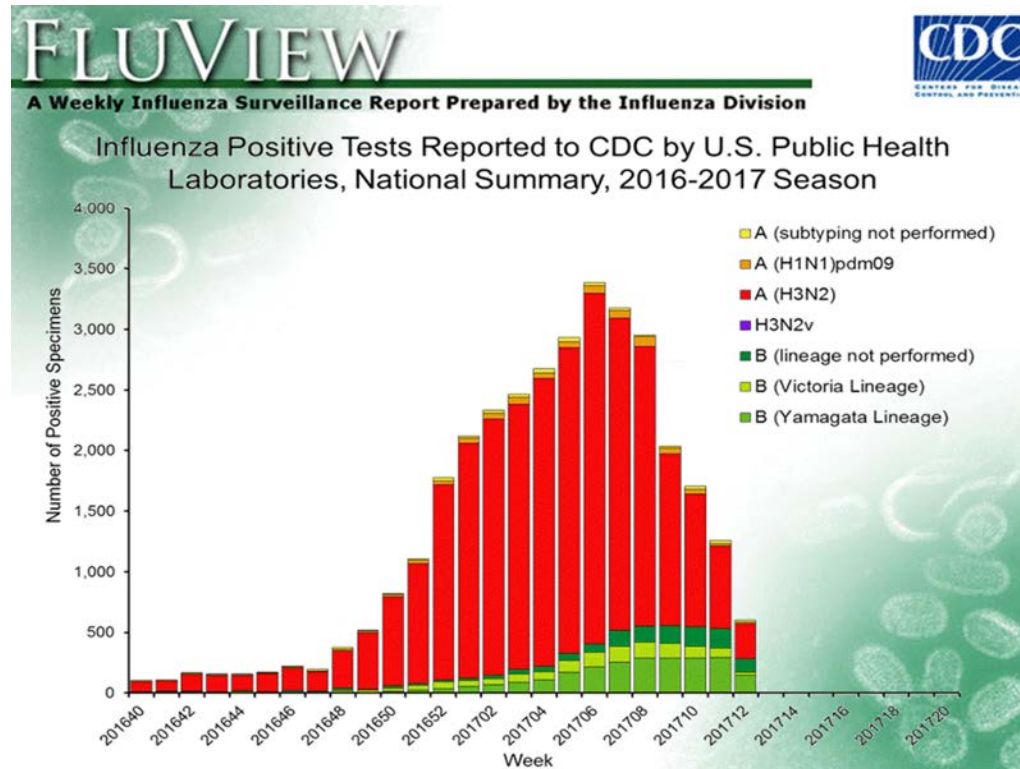
Data Source: World Health Organization  
Map Production: Public Health Information  
and Geographic Information Systems (GIS)  
World Health Organization



© WHO 2009. All rights reserved

# H1N1 is still around

Most commonly seen during the normal season for influenza





## Rules:

- You will give to two people and receive from two people.
- If you give/receive from someone, do not exchange with that person again.
- Record each interaction so that patient zero can be determined.

## Activity 2: Outbreak Simulation

